

**Distance matrices, dimension, and conference graphs**

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**SUMMARY**

We define the dimension of a distance matrix and its associated metric space, and use this to give necessary and sufficient conditions for a metric space to be isometrically embeddable into suitable real inner product spaces and Euclidean spheres. Also, for certain distance matrices  $C$  with irrational entries, we derive the bound  $w \leq 2f + 1$  for the size  $w$  of  $C$  in terms of its dimension  $f$ . This result is applied to improve a bound by Larman, Rogers, and Seidel on two-distance sets in Euclidean space, and to characterize certain regular graphs as conference graphs.

Let  $X$  be a finite subset of a metric space with distance function  $d(x, y)$ . Then the matrix  $C = (d(x, y)^2)_{x, y \in X}$  is called the *distance matrix* of  $X$  (this differs slightly from the definition in Menger [2]). An (abstract) *distance matrix* (see Neumaier [3]) is a nonzero, real, symmetric matrix  $C = (c_{xy})$  with nonnegative entries and zero diagonal such that the function  $d(x, y) = \sqrt{c_{xy}}$  satisfies the triangle inequality  $d(x, y) + d(y, z) \geq d(x, z)$ . The relation  $x \equiv y$  if  $d(x, y) = 0$ , defined on the set  $X$  of rows of  $C$ , is an equivalence relation, and equivalent rows have identical entries. Hence  $C$  has no off-diagonal zero entries iff  $C$  has no repeated rows iff the rows of  $C$  form a metric space.

We say that a distance matrix  $C = (c_{xy})$  (or an associated metric space  $X$ ) is *isometrically embeddable* into a metric space  $S$  if there is a map  $x \rightarrow p_x$  of the set  $X$  of rows of  $C$  into  $S$  such that for all  $x, y \in X$ ,  $c_{xy} = d(p_x, p_y)^2$ . Then  $x \rightarrow p_x$  is called an *embedding* of  $C$  (or  $X$ ) into  $S$ . An embedding of a distance matrix  $C$  is injective iff  $C$  has no repeated rows.

The *dimension* of a distance matrix  $C$  with  $w$  rows (or an associated finite metric space) is the rank  $f$  of the matrix  $G = -(I - w^{-1}J)C(I - w^{-1}J)$ ; here  $I$  denotes the identity matrix, and  $J$  is the all-one matrix of size  $w$ . This definition is motivated by the following

**THEOREM 1**

Let  $C$  be a distance matrix of dimension  $f$ . Then there is an  $f$ -dimensional real inner product space  $V$ , and there are points  $p_x \in V (x \in X)$  such that

$$(1) \quad c_{xy} = |p_x - p_y|^2 \text{ for all } x, y \in X;$$

here  $X$  is the set of rows of  $C$ , and  $|p|^2 = (p, p)$ .

**PROOF.** Suppose that  $C$  has  $w$  rows. Let  $\{e_x | x \in X\}$  be the standard basis of  $\mathbb{R}^w$ , and let  $V$  be the subspace of  $\mathbb{R}^w$  consisting of the row vectors  $aG$ , where  $a \in \mathbb{R}^w$  (we assume that  $\mathbb{R}^w$  consists of row vectors). Then  $V$  has dimension  $f$  and is generated by the rows of  $G, p_x = e_x G, (x \in X)$ . Now the expression  $\frac{1}{2}aGb$  depends only on  $aG$  and  $bG$ , and hence defines an inner product  $(\cdot, \cdot)$  on  $V$  such that for  $x, y \in X, 2(p_x, p_y)$  is the  $(x, y)$ -entry of  $G$ . So, by definition of  $G$ ,

$$(2) \quad 2(p_x, p_y) = -s + s_x + s_y - c_{xy} \text{ for all } x, y \in X,$$

where

$$(3) \quad s = w^{-2} \sum_{x,y} c_{xy}, \quad s_x = w^{-1} \sum_y c_{xy}.$$

Now  $GJ = 0$ , whence

$$(4) \quad \sum_x p_x = 0.$$

Therefore the well-known identity

$$(5) \quad |p_x - p_y|^2 = |p_x|^2 + |p_y|^2 - 2(p_x, p_y),$$

together with (3), implies

$$(6) \quad s = 2w^{-1} \sum_y |p_y|^2, \quad s_x = |p_x|^2 + w^{-1} \sum_y |p_y|^2,$$

so that (2) implies (1).

**THEOREM 2**

Any two embeddings of a distance matrix  $C$  into a real inner product space are congruent; in particular, they span spaces of the same dimension  $f = \dim(C)$ .

**PROOF.** Let  $x \rightarrow p_x$  be an embedding of  $C$  into  $\mathbb{R}^n$  with inner product  $(\cdot, \cdot)$ , so that (1) holds. Since translations are congruences, we may assume that the centre of mass of the  $p_x$  is in the origin, so that (4) holds. Then also (6) holds, which, together with (5) and (1), imply  $2(p_x, p_y) = |p_x|^2 + |p_y|^2 - |p_x - p_y|^2 = (s_x - \frac{1}{2}s) + (s_y - \frac{1}{2}s) - c_{xy}$ , so that (2) holds. Hence  $2(p_x, p_y)$  is the  $(x, y)$ -entry of  $G$ ,

whence we obtain a congruence of the space spanned by the  $p_x$  and the row space of  $G$  which maps the  $p_x$  onto the points labelled  $p_x$  in the proof of Theorem 1.

**COROLLARY 1** (Seidel's condition [5])

A distance matrix  $C$  is isometrically embeddable into a Euclidean space  $\mathbb{R}^n$  iff  $\dim(C) \leq n$  and  $G$  is positive semidefinite. For  $n = \dim(C)$ , this embedding is unique up to congruences.

We call a distance matrix  $C$  *Euclidean* if  $G = -(I - w^{-1}J)C(I - w^{-1}J)$  is positive semidefinite.

**REMARKS**

1. Define the matrices  $G_a = (c_{ax} + c_{ay} - c_{xy})_{x,y \in X - \{a\}}$  and  $G_0 = \begin{pmatrix} 0 & j^T \\ j & C \end{pmatrix}$ , where  $j$  denotes an all-one vector of size  $w$ .  $G_0$  is what Menger [2] calls a distance matrix. If  $C$  has dimension  $f$  then  $G_a$  has rank  $f$  and  $G_0$  has rank  $f + 2$ , and  $C$  is Euclidean iff the following two equivalent conditions are satisfied:

(i)  $G_a$  is positive semidefinite for some (hence all)  $a \in X$  (Schoenberg's condition [4]),

(ii)  $G_0$  has exactly one positive eigenvalue, and this eigenvalue is simple (Menger's condition [2]).

2. Note that  $GJ = 0$ , whence  $f \leq w - 1$ .

Most of the distance matrices arising in applications are isometrically embeddable into a Euclidean sphere  $S^n(r) = \{x \in \mathbb{R}^n \mid |x| = r\}$ , with the distance induced by the Euclidean distance of  $\mathbb{R}^n$ . Such distance matrices (and associated finite metric spaces) are called *spherical*.

**THEOREM 3**

Let  $C$  be a distance matrix of dimension  $f$ .  $C$  is spherical iff, for some  $\gamma > 0$ , the matrix  $H = 2\gamma J - C$  is positive semidefinite. If  $\gamma$  is chosen minimally then  $C$  is isometrically embeddable into a Euclidean sphere  $S^f(r)$  with  $r = \sqrt{\gamma}$ .

**PROOF.** Let  $x \rightarrow p_x$  be an embedding of the rows of  $C$  into  $S^n(r)$ . Then  $c_{xy} = |p_x - p_y|^2$  and  $|p_x| = r$ , whence by (5),  $2(p_x, p_y) = 2r^2 - c_{xy}$ . Hence  $2r^2J - C = 2G$ , where  $G = ((p_x, p_y))$  is the positive semidefinite Gram matrix of the  $p_x$ . Conversely, let  $H$  be positive semidefinite of rank  $n$ . Then  $G = \frac{1}{2}H$  is the Gram matrix of certain points  $p_x$  of  $\mathbb{R}^n$ , and  $2\gamma - c_{xy} = 2(p_x, p_y)$ . Hence  $|p_x|^2 = (p_x, p_x) = \gamma$ , whence the  $p_x$  are points of  $S^n(r)$  with  $r = \sqrt{\gamma}$ . Moreover, by (5),  $|p_x - p_y|^2 = |p_x|^2 + |p_y|^2 - 2(p_x, p_y) = c_{xy}$  so that  $x \rightarrow p_x$  is an embedding into  $S^n(r)$ . Now let  $\gamma$  be minimal. The map  $x \rightarrow p_x$  is an embedding into  $\mathbb{R}^n$ . By Theorem 2, the  $p_x$  span a  $f$ -dimensional space, and hence are contained in a  $f$ -dimensional section  $S^f(r')$  of  $S^n(r)$ . By minimality of  $\gamma$ ,  $r' = r$ .

**COROLLARY 2**

If  $H$  is a positive semidefinite symmetric matrix with constant diagonal  $mI$ , and  $H \neq mJ$ , then  $C = mJ - H$  is a spherical distance matrix.

We continue with some consequences of the above theorems. If the row sums of a distance matrix  $C$  all have the same value  $c$ ,  $CJ = cJ$ , we say that  $C$  has *strength 1* (see Neumaier [3] who also defines distance matrices of strength  $t$  for  $t > 1$ ). In this case the formula  $G$  simplifies to  $G = w^{-1}cJ - C$ .

PROPOSITION 1

Let  $X$  be a finite set of points of a Euclidean space. Then the distance matrix  $C$  of  $X$  has strength 1 iff  $X$  is contained in a sphere around the centre of mass of  $X$ .

PROOF. By a suitable translation we may assume that the centre of mass of  $X$  is in the origin. Then (3) and (6) are valid, and they imply that  $C$  has strength 1 iff  $C$  has constant row sums iff  $s_x = \text{const.}$  iff  $|p_x| = \text{const.}$  iff the points of  $X$  are on a sphere around the origin.

COROLLARY 3

A Euclidean distance matrix of strength 1 is spherical.

COROLLARY 4 (Seidel [6])

Let  $X$  be a finite spanning set of points on a sphere around 0. Then the distance matrix of  $X$  has strength 1 iff the centre of mass of  $X$  is in 0.

PROPOSITION 2

Let  $C$  be a distance matrix with smallest eigenvalue  $-n$ . Then  $C' = n(J - I) - C$  is a spherical distance matrix.  $C'$  has strength 1 iff  $C$  has strength 1.

PROOF.  $H = nJ - C' = C + nI$  is positive semidefinite, with constant diagonal  $nI$ . Hence by Corollary 2,  $C'$  is a spherical distance matrix. The remark on the strength is obvious.

REMARK. It follows from [3], Theorem 2.2 (ii) that  $C'$  has strength 2 iff  $C$  has strength 2; but by [3], 2.5, the corresponding result for strength  $t > 2$  is not true in general.

The remainder of the paper deals with combinatorial aspects of distance matrices.

THEOREM 4

Let  $C$  be a distance matrix of dimension  $f$  with  $w \geq \max(2f + 1, 6)$  rows. Suppose that  $C = m(J - I) - M$  with an integral matrix  $M$ . Then either  $m$  is integral, or  $w = 2f + 1$ . In the latter case there are integers  $p$  and  $q$  such that the matrix  $N = (I - w^{-1}J)M(I - w^{-1}J)$  satisfies

$$(7) \quad N^2 = pN + q(I - w^{-1}J), \quad \text{tr}(N) = pf.$$

PROOF.  $f$  is the rank of  $G = -(I - w^{-1}J)C(I - w^{-1}J) = N + m(I - w^{-1}J)$ . Hence  $N$  has an eigenvalue 0 belonging to the eigenvector  $j$ , the eigenvalue  $-m$

with multiplicity  $w-1-f$ , and  $f$  other eigenvalues (maybe repeated). We show that  $-m$  is also an eigenvalue of  $M$ . In fact,  $J=jj^T$ , whence  $Nx-Mx = -w^{-1}j(j^TMx) - w^{-1}Mj(j^Tx) + w^{-2}j(j^TMj)(j^Tx)$  is a linear combination of  $j$  and  $Mj$ . Hence in any 3-dimensional subspace of  $\mathbb{R}^w$  there is a nonzero vector  $x$  with  $Nx=Mx$ . Since  $w \geq \max(2f+1, 6)$ ,  $w-1-f \geq 3$ , the eigenspace of the eigenvalue  $-m$  of  $N$  contains a nonzero vector  $x$  with  $-mx=Nx=Mx$ , and  $-m$  is an eigenvalue of  $M$ . Now  $M$  is an integral matrix, whence  $-m$  is an algebraic integer, hence either integral or irrational. If  $-m$  is irrational then it has a conjugate  $-\bar{m} \neq -m$ , which must be an eigenvalue of  $N$  with multiplicity  $w-1-f \leq f$ , since only  $f$  eigenvalues are left. Now our assumptions imply  $w=2f+1$ , and the only eigenvalues of  $N$  are  $-m$ ,  $-\bar{m}$ , and the simple eigenvalue 0 belonging to  $j$ . Hence the minimal polynomial of  $m$  is quadratic, say  $x^2-px-q$ , with integers  $p$  and  $q$  since  $m$  is an algebraic integer, and  $p=-m-\bar{m}$ ,  $q=-m\bar{m}$ . Moreover,  $(N+mI)(N+\bar{m}I) = w^{-1}m\bar{m}J$ . The trace of  $N$  is the sum of all eigenvalues of  $N$  weighed with their multiplicities, hence  $\text{tr}(N) = -mf - \bar{m}f$ . This proves (7).

REMARK. (7) implies that  $G = N + m(I - w^{-1}J)$  is a eutactic star (see Seidel [6] for a definition). Examples of the described situation with irrational  $m$  are the distance matrices of conference graphs; see the proof of Theorem 6.

An (abstract)  $s$ -distance set is a metric space  $X$  with the property that there are exactly  $s$  possible distances between distinct points of  $X$ .

COROLLARY 5

Let  $X$  be an  $f$ -dimensional two-distance set, with distances  $\alpha, \beta (\alpha < \beta)$ . If  $X$  contains more than  $\max(2f+1, 5)$  points then  $\alpha^2/\beta^2 = (m-1)/m$  with an integer  $m \geq 2$ .

PROOF. Write  $m = \beta^2/(\beta^2 - \alpha^2)$  so that  $\alpha^2/\beta^2 = (m-1)/m$ . Then the distance matrix of  $X$  is  $(\beta^2 - \alpha^2)(m(J - I) - M)$ , where the matrix  $M$  has  $(x, y)$ -entry 1 if  $d(x, y) = \alpha$ , and 0 otherwise. Hence also  $C = m(J - I) - M$  is a distance matrix, and  $M$  is integral. By our assumptions and Theorem 4,  $m$  is an integer.

REMARKS

1. This improves a result by Larman, Rogers, and Seidel [1], who, in case that  $X$  is a subset of a Euclidean space, obtained the result only under the assumption  $|X| > 2f+3$ .

2. Because of Theorem 1, the proof of Theorem 1 of [1] remains valid for arbitrary metric spaces. Hence any abstract two-distance set of a dimension  $f$  contains at most  $\frac{1}{2}(f+1)(f+4)$  points. Can this bound be attained?

For the last result we recall some definitions (see e.g. Seidel [7]). A graph  $\Gamma$  (undirected, without loops or multiple edges) with vertex set  $X$  of size  $n$  is called *regular* if every vertex is adjacent to exactly  $k$  other vertices, and *strongly regular* if, in addition, the number of vertices adjacent to two distinct vertices  $x$  and  $y$  is  $\lambda$  or  $\mu$  depending on whether  $x$  and  $y$  are adjacent or not. The *adjacency*

matrix of a graph on  $X$  is the matrix  $M = (m_{xy})_{x,y \in X}$  with  $m_{xy} = 1$  if  $x$  and  $y$  are adjacent, and  $m_{xy} = 0$  otherwise. Regularity implies

$$(8) \quad MJ = kJ,$$

and for a regular graph, strong regularity is equivalent to

$$(9) \quad M^2 = (\lambda - \mu)M + (k - \mu)I + \mu J.$$

A conference graph is a strongly regular graph with parameters  $n = 4\mu + 1, k = 2\mu, \lambda = \mu - 1$ .

#### THEOREM 5

Let  $-m$  be the smallest eigenvalue of the adjacency matrix  $M$  of a regular, connected graph  $\Gamma$ . Unless  $\Gamma$  is the complete graph,  $C = m(J - I) - M$  is a spherical distance matrix. The dimension of  $C$  is  $f = n - 1 - g$ , where  $g$  is the multiplicity of  $-m$  as an eigenvalue of  $M$ .

PROOF. By Corollary 2, applied to  $H = mJ - C = M + mI$ ,  $C$  is a spherical distance matrix, unless  $\Gamma$  is complete. Now

$$G = n^{-1}cJ - C = (n^{-1}c - m)J + M + mI.$$

Since  $j$  is an eigenvector for the largest, simple eigenvalue  $k$ , all eigenvectors  $x$  of  $M$  for an eigenvalue  $\theta \neq k$  are orthogonal to  $j$ , hence satisfy  $Jx = 0$ . Therefore  $Gx = (\theta + m)x$ . Since  $\theta + m \geq 0$ , the kernel of  $G$  consists of the vector space spanned by  $j$  and the eigenspace for the eigenvalue  $-m$  of  $M$ . Hence the rank of  $G$  is  $n - 1 - g$ .

#### THEOREM 6

Let  $\Gamma$  be a regular graph with  $n \geq 6$  vertices, whose adjacency matrix has smallest eigenvalue  $-m$  with multiplicity  $g$ .

- (i) If  $\Gamma$  is strongly regular then  $m$  is integral, or  $n = 2g + 1$  and  $\Gamma$  is a conference graph.
- (ii) If  $n < 2g + 1$  then  $m$  is integral.
- (iii) If  $n = 2g + 1$  then  $m$  is integral, or  $\Gamma$  is a conference graph.

PROOF. (i) is well-known—see e.g. Seidel [7]. The distance matrix  $C = m(J - I) - M$  of  $\Gamma$  has dimension  $f = n - 1 - g$ . If  $n < 2g + 1$  then  $n > 2f + 1$  and, by Theorem 4,  $m$  is integral. If  $n = 2g + 1$  then  $n = 2f + 1$ , and if  $m$  is not integral then, again by Theorem 4, the matrix  $N = M - n^{-1}kJ$  (simplified with (8)) satisfies (7). Therefore, (9) holds for certain parameters  $\lambda, \mu$ , and  $\Gamma$  is strongly regular. Hence by (i),  $\Gamma$  is a conference graph.

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